

# FREE FROM CRISIS-MODE CHECKLIST

If everything gets crazy, messy and cluttered DO THIS FIRST:

- Feed Everyone (but don't cook!)
- Create a list of 5 quick meals kids can make, go buy ingredients
- Handle time-sensitive issues
  - Renew, Return Library items
  - Cancel/Reschedule doctor appointments
  - Ask for more time or drop volunteer positions
  - Cancel/Reschedule playdates
- Clean Clothes - Get socks, underwear and pants on everyone!
- Clean the Kitchen
- Create a Meal Plan
- Make a Schedule to Get Things Done

BACK IN THE DRIVER'S SEAT!

Get this and more mom  
printables in the

*Treasure box*

on [signaturebyrose.com](http://signaturebyrose.com)

